



## Summer Holiday Homework

Name - \_\_\_\_\_

Grade 1

**“ Tell me and I forget , teach me and I may remember , involve me and I learn “**

- Benjamin Franklin

Dear Learners,

Vacation is the time to get creative and learn new skills. This year, your holiday homework is a fun mix of all aspects of learning. It has been designed to ensure that you explore and experience at the same time. The theme of holiday homework is Sustainable Development Goal 2: Zero Hunger.



We all need food to grow. It makes us strong and healthy. It gives us energy and protects our body. We are blessed to have our family that provides us our favorite food but there are many people in the world who struggle to get even one meal a day. We all have a role to play and help the united nations to achieve zero hunger by the year 2030. This is not an easy task and in order to achieve it, we need to start now. This holiday homework is a conscious step to understand our role and adopt practices to understand the importance of food and hunger. So let's join hands to end the hunger!

Looking forward to an effective and efficient completion.

### Keep in mind to-

- Pray to almighty daily.
- Interact more and more with your family members.
- Follow a schedule during holidays.
- Manage your time wisely.
- Appreciate nature, go for walks and plant trees.
- Do your homework independently, only ask for assistance from your parents or guardians.
- Prepare a file folder and arrange your homework in it.

## Competency Development – Critical thinking

### Activity 1 – Ending Hunger – World Food Program



Sustainable Development Goal 2 (SDG 2 or Global Goal 2) aims to achieve "zero hunger". It is one of the 17 Sustainable Development Goals established by the United Nations in 2015. The official wording is: **"End hunger, achieve food security and improved nutrition and promote sustainable agriculture"**.

Record a video expressing your thoughts, what are the steps you think should be taken to 'End hunger'.

### Poster Making

**Activity 2** - Images make learning more memorable and engaging and they are great stimuli for language production, thinking and discussions.

65% of people worldwide find learning most effective when it is transmitted visually and a poster is one of the best ways to do that.

Let the learner express their thoughts by making Poster on Zero hunger on an A3 size sheet and write a slogan on it.

### Table Manners

**Activity 3** - Every meal can serve as an opportunity for kids to learn how to exercise proper etiquette. From using their utensils properly to waiting until everyone has been served, little kids can learn how to be respectful and practice table manners.

**Paint a handkerchief to make a table mat to avoid food wastage and learn how to fold it before and after food. This table mat will be used by learners in classroom during recess time.**



### Healthy Diet , Healthy Mind

## Activity 4 –



**MyPlate** is a symbol of Healthy Eating thinking

MyPlate gives importance five food groups: fruits, vegetables, grains, proteins and dairy products. Consuming balanced each of these food groups as recommended in MyPlate helps you build and maintain healthy bones

**Make 3d model of "Myplate".**

On **Father's day (19 June 2022)** plan a lunch for your father. Serve food for him and click pictures while having lunch with him and send the same to your class teacher.



## Creative Collaboration

**Activity 5** -The family is recognized as the most important social institution whose primary and crucial role is related to **child care and development**. Love, equally necessary for social and emotional development of a child, is received in the family through positive family interactions.

**Make a photo frame using newspaper or ice – cream sticks with the help of your parent and put a family picture in it.**

